



## **Debbie's Apple Granola Yogurt**

Debbie is an MS LifeLines® Ambassador and is sponsored by EMD Serono, Inc and Pfizer Inc.

### Ingredients:

- 2 Apples cut up
- 1 cup of Green Grapes Halved
- 1 small can of Mandarin Oranges (drained)
- 1 small container of Vanilla yogurt

### Instructions:

1. Mix all together and chill.
2. You can add Granola on top for breakfast, or use any fruit to your liking.

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