



Karen's Dirt Cake

Karen is an MS LifeLines® Ambassador and is sponsored by EMD Serono, Inc and Pfizer Inc.

Ingredients:

- 1x 20 oz. pkg. low fat Oreos
- 16 oz. light cool whip
- Small packs instant French Vanilla pudding (can use sugar free)
- 3 ½ cups skim milk
- 1 cup of powdered sugar
- 8 oz. pkg. low fat cream cheese

Instructions:

1. Crush Oreos in food processor.
2. Mix pudding mix & milk, add soften cream cheese & powder sugar.
3. Stir in cool whip.
4. Layer Oreos & cream cheese, ending with Oreos on top.
5. Refrigerate for 2 hours.

MS LifeLines is an educational support service for people living with MS and their families, and is sponsored by EMD Serono, Inc. and Pfizer Inc. MS LifeLines is a registered trademark of EMD Serono, Inc. or its affiliates. MS in Balance Your Life in Full is a service mark of EMD Serono, Inc. or its affiliates. MS LifeLines Ambassadors are sponsored by EMD Serono, Inc. and Pfizer Inc.