

MS SYMPTOM CHECKLIST

| MS Symptom | Is it old or new? | Is it worse? | How long did it last? |
|--|-------------------|--------------|-----------------------|
|  Vision problems | | | |
|  Cognitive issues | | | |
|  Sleep issues | | | |
|  Pain | | | |
|  Fatigue | | | |
|  Depression | | | |
|  Men's issues | | | |
|  Spasticity | | | |
|  Weakness | | | |
|  Bowel/Bladder issues | | | |
|  Sexual issues | | | |
|  Walking/Balance | | | |

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 US-NONNI-00569 05/21