**Medication Guide**

**Rebif**

interferon beta-1a

Injection for subcutaneous use

Read the Medication Guide before you start using Rebif and each time you get a refill. There may be new information. This information may not be all of the information that is written for healthcare professionals. This Medication Guide summarizes the most important information about Rebif. Ask your healthcare provider or pharmacist for a list of these medicines, if you are not sure.

**Syringe**

• are allergic to interferon beta, human albumin, or any of the ingredients in Rebif

**Do not take Rebif if you:**

• are allergic to interferon beta, human albumin, or any of the ingredients in Rebif

**Side effects from injections:**

• redness
• swelling
• pain
• bleeding

**Do not use the area near your nose or 2 inches of your neck. If you are very itchy, use only the thigh or lower surface of the arm for injection.

**Use a different site each time you inject such as the thigh, hip or stomach area (See Figure C).**

**Stop. Do not inject into an area of your body where the skin is irritated, redness, bruised, infected or scabbed.**

**Clean your injection site with an alcohol pad or cotton ball with rubbing alcohol using a circular motion. To avoid stinging, you should let your skin dry before you inject Rebif.**

**Rubbing alcohol using a circular motion.**

**Step 1. Preparing for your Rebif Injection**

Check the expiration date and lot number on the vial or vials of the medication is expiring. The expiration date is printed on the vials, plastic syringe packaging carton and inner tuberculin syringe packaging carton.

• Use a new syringe for the medication. In order to avoid injecting from the same syringe, switch to a new syringe, and use the same syringe for use during the 4 week treatment period. Table 1 describes the amount to inject using the Rebif Treatment Pack/Rubidose autoinjector to gradually increase to 44 mcg (see Table 1).

**Table 1: Titration Schedule for a 22 mcg Prescribed Dose**

<table>
<thead>
<tr>
<th>Week</th>
<th>Use Syringe to Use Amount of syringe</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>11 mcg syringe Use full syringe</td>
</tr>
<tr>
<td>2</td>
<td>11 mcg syringe Use half syringe</td>
</tr>
<tr>
<td>3</td>
<td>8.8 mcg syringe Use half syringe</td>
</tr>
<tr>
<td>4</td>
<td>8.8 mcg syringe Use quarter syringe</td>
</tr>
<tr>
<td>5 and 6</td>
<td>8.8 mcg syringe Use quarter syringe</td>
</tr>
<tr>
<td>7</td>
<td>8.8 mcg syringe Use half syringe</td>
</tr>
</tbody>
</table>

**Table 2: Titration Schedule for a 44 mcg Prescribed Dose**

<table>
<thead>
<tr>
<th>Week</th>
<th>Use Syringe to Use Amount of syringe</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<td>7</td>
<td>8.8 mcg syringe Use full syringe</td>
</tr>
</tbody>
</table>

**Step 2. Choose and Prepare your Injection Site**

The best aids for getting yourself or someone else to inject are a large or lump ball of something like a yarn, the outer surface of your upper arm, your stomach or buttock.

Do not use the area near your nose or 2 inches of your neck. If you are very itchy, use only the thigh or lower surface of the arm for injection.

Use a different site each time you inject such as the thigh, hip or stomach area (See Figure C).

**Step 3. Do Not Use a Needle and Syringe**

• Put your used needles, syringes, and autoinjector, including Rebif, in FDA-closed sharps disposal container right away after use. Do not throw away (dispose of) any syringes or autoinjectors in your household trash.

Do not reuse your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

**Step 4. Disposing of Your Needles and Syringes**

• When you plan to use it so it can warm to room temperature.

**Figure D**

**Figure E**

**Figure F**

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